

John # 57

“You Can't Do That On A Saturday” *John 5 Introduction*

“Honoring Self” by Nathaniel Branden, Ph.D.

Self-esteem is confidence in what you know, and how you put it into operation.

SSE is for believers only it is maximum humility and minimum arrogance.

Psalm 118:8-9 "It is better to take refuge in the Lord than to trust in humans. 9 It is better to take refuge in the Lord than to trust in princes."

Proverb 19:8-"The one who gets wisdom loves life; the one who cherishes understanding will soon prosper."

Eph 5:28b-" He who loves his wife loves himself."

Eph 5:33-"However, each one of you also must love his wife as he loves himself, and the wife must respect her husband."

Mark 12:29-31-"The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. 30 Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' 31 The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

2nd Cor 13:5-"Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless, of course, you fail the test?"

Jude 20-"But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit"

1st Thess 5:8-"But since we belong to the day, let us be sober, putting on faith and love as a breastplate, and the hope of salvation as a helmet."

1st Tim 6:7-8-" For we brought nothing into the world, and we can take nothing out of it. 8 But if we have food and clothing, we will be content with that."

Hebrews 13:5-"Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."

Eph 6:23-" Peace to the brothers and sisters, and love with faith from God the Father and the Lord

Jesus Christ."

Self-control through indoctrination of Bible truth is the basis for attaining SSE.

SSE refuses to accept guilt which people try to impose upon us to manipulate us.

Christian service should not be mandated by other people but by the progress of our own spiritual life.

Our life does not belong to others but to God.

SSE subordinates emotion to intellect.

1. Tranquility of soul

2. Stability of Mental Attitude

3. Composure marked by self-assurance

4. Grace orientation to life

5. Doctrinal orientation to reality

6. Good decisions from a position of strength

7. Personal control of your life through biblical perception

8. A personal sense of destiny

9. Self-confidence from wisdom

10. Poise

SSE never feels threatened in life.

Many people feel threatened, so they disagree with everyone and everything.

This feeling of insecurity comes from lack of SSE.

Obnoxious people often get attention by focusing attention on themselves in a negative way.

Weak people always feel threatened and become obnoxious as a system for the weak controlling the strong.

Weak believers are susceptible to the problems of personal love such as jealousy.

In their subjective arrogance they call attention to themselves in a negative way as an expression

of possessiveness and control.

SSE is God's solution to man's insecurity.