

“James, The Servant Of God Imparts Wisdom” James 1:1-2

Christianity must not only be believed, it must also be lived! The apostle Peter has told us in 1<sup>st</sup> Peter 4:12: “Dear friends, do not be surprised at the fiery ordeal that has come on you to test you, as though something strange were happening to you.” God’s desire is to help His clay vessels purify and mature in the furnace of trials without cracking in the process. The book of James is about people who actually know something of the Word of God (i.e. hearers) but for different reasons, are not willing to apply what they know (doers). The committed disciple constantly learns and then applies the Word of God to his experience. While the world will certainly tell us how to manage stress, the Bible tells us how to avoid it completely!